

記入の仕方:「時間」には活動時間(h)の数字を記入すること 「休業日」には設定した期日に「1」を入力すること 「特記事項」には学校行事や校内以外の部活動場所、大会等を記載すること。

4月 計画 実績 特記事項. Monthly activity log for April with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for April showing average rest days (7), average activity time (1.0), and other metrics.

5月 計画 実績 特記事項. Monthly activity log for May with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for May showing average rest days (9), average activity time (1.0), and other metrics.

6月 計画 実績 特記事項. Monthly activity log for June with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for June showing average rest days (12), average activity time (1.0), and other metrics.

7月 計画 実績 特記事項. Monthly activity log for July with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for July showing average rest days (4), average activity time (2.3), and other metrics.

8月 計画 実績 特記事項. Monthly activity log for August with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for August showing average rest days (7), average activity time (3.0), and other metrics.

9月 計画 実績 特記事項. Monthly activity log for September with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for September showing average rest days (11), average activity time (3.0), and other metrics.

10月 計画 実績 特記事項. Monthly activity log for October with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for October showing average rest days (5), average activity time (1.0), and other metrics.

11月 計画 実績 特記事項. Monthly activity log for November with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for November showing average rest days (10), average activity time (1.0), and other metrics.

12月 計画 実績 特記事項. Monthly activity log for December with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for December showing average rest days (9), average activity time (1.0), and other metrics.

1月 計画 実績 特記事項. Monthly activity log for January with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for January showing average rest days (5), average activity time (1.0), and other metrics.

2月 計画 実績 特記事項. Monthly activity log for February with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for February showing average rest days (12), average activity time (1.0), and other metrics.

3月 計画 実績 特記事項. Monthly activity log for March with columns for date, day, planned time, rest days, actual time, and special events.

Summary table for March showing average rest days (14), average activity time (1.0), and other metrics.

Summary box for the year containing: 平日休業日 計画 105, 実績 9, 休日休業日 計画 112, 実績 6, 休業日合計 計画 217, 実績 15.